



Growth Hormone Research Society (GRS) Report to members 2009

The next International Congress of the GRS and the IGF Society will be held in New York City October 3-7, 2010.

The most recent International Congress of the GRS and the IGF Society meeting was held in Sept 2008 in Genoa, Italy, attended by approximately 500 delegates from all parts of the World.

Two consensus conferences have been arranged by the Society during 2008 and 2009.

An international workshop was organized in May 2008 to review and debate available evidence related to aging, longevity, health span and possible intervention strategies, including the use of rhGH. The consensus document produced during the meeting has been published, and two review papers prepared for the meeting were published in our Journal.

- Thorer, M. O. (2009). "Statement by the Growth Hormone Research Society on the GH/IGF-I axis in extending health span." *J Gerontol A Biol Sci Med Sci* 64(10): 1039-1044.
- Berryman, D. E., J. S. Christiansen, et al. (2008). "Role of the GH/IGF-1 axis in lifespan and healthspan: Lessons from animal models." *Growth Horm IGF Res* 2008 Dec;18(6):455-71
- Nass, R., G. Johannsson, et al. (2008). "The aging population – is there a role for endocrine interventions ?" *Growth Horm IGF Res* 2009 Apr;19(2):89-100

The other international workshop was on "GH and IGF-I Assay, Present and Future".

The GRS arranged this meeting in co-operation with the IGF Society and IFCC in October, 2009. Representatives from the relevant regulatory bodies in the US, Europe, Australia and Japan and from all major diagnostic industry companies participated. Two review papers were published in our Journal before the meeting. Then the consensus paper was drafted during the meeting.

- Frystyk, J., P. Freda, et al. (2009). "The current status of IGF-I assays - A 2009 update." *Growth Horm IGF Res* 7: 7.
- Bidlingmaier, M. and P. U. Freda (2009). "Measurement of human growth hormone by immunoassays: Current status, unsolved problems and clinical consequences." *Growth Horm IGF Res* 7: 7.

There are many benefits of GRS membership, which include:

- **An annual subscription to *Growth Hormone and IGF Research***, the official journal of the Society. The Journal is a forum for research on the regulation of growth and metabolism in humans, animals, tissues and cells. There are six issues published per year and the latest impact factor is 2.008.

GRS Council:

Christian J. Strasburger, Germany (President); Ken Ho, Australia (Past-president);
Jens Sandahl Christiansen, Denmark (President-elect); Gudmundur Johannsson, Sweden (Secretary);
Beverly Biller, USA; Kazuo Chihara, Japan; Peter Clayton, UK; Cheri Deal, Canada;
Andrew Hoffman, USA; John Kopchick, USA; Nelly Mauras, USA.

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- **Reduced registration rates at the International Congress of the GRS and the IGF Society, held jointly every second year.** These meetings provide a wonderful forum for basic and clinical investigators to share data and engage in discussion. The size of the meeting allows close interactions with colleagues in the GH and IGF field from around the globe. The most recent meeting was held in Sept 2008 in Genoa, Italy, attended by approximately 500 delegated from all parts of the World. The next International Congress of the GRS and the IGF Society will be held in New York City, October 3-7, 2010.
- **Generous travel grants for attendance at each International Congress of the GRS and the IGF Society.** This allows many young investigators to receive funding to allow them to present abstracts at the meeting.

The GRS website provides a valuable resource about the Society.
To visit, go to: www.ghresearchsociety.org.

Continuous membership of the Society is mutually beneficial. Do not hesitate to contact any of the below Officers or Council members if you have questions. Also consider to invite your colleges and collaborators for membership as a larger Society also is a stronger Society.

We welcome you to the next GRS and IGF meeting in New York in 2010!

With kind regards,

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